2025 Amplify Therapy Summit Kick-Off Celebration

Let us know where you're from in the comments!



Welcome!



Hello!

Clarice Grote, MS, OTR/L

Founder & CEO of Amplify OT Medicare Specialist

- Host of the Amplify OT Podcast
- NCOTA Vice President
- Former AOTPAC Ambassador for NC
- 2024 Recipient of the AOTA Gary Kielhofner Emerging Leader Award
- Clinical experience in acute care, home health, lymphedema, basic wound care, and outpatient therapy
 - Cardiovascular ICU, COVID, telemetry, orthopedics

Cgrote@amplifyot.com





Why the Summit?



You have permission to be frustrated, tired, and confused.



We are not individually responsible for solving every problem



Knowledge is Power



Declining Reimbursement for OT Services

- The fee schedule was largely developed in 1991/1992.
- MACRA passed in 2015 reforming the fee schedule to our current structure
- In 2019, MedPAC recommended pay increases for primary care services - specifically those related to care management
- CMS adjusted rates for those E/M codes and also created a new G code - these codes cannot be used by therapy practitioners
- Budget neutrality prohibits spending from increasing over \$20 million per year - these new adjustments far surpassed that



Declining Reimbursement for OT Services

- CMS created a conversion factor to calculate payment rates for all codes as way to balance overall increases to comply with budget neutrality
- 2021 CF was 11% lower than 2020... Therapy's share was about 9%
- Congress passed temporary funding increases at the last minute to reduce the 9% cut to 3.3%
- 2022 proposed cut was 3.75% + OTA/PTA payment differential
 Congress stepped in again with funding increase
- 2023 proposed cut 4.5% Congress reduced to 2%
- 2024 proposed cut of 3.1%. Congress reduced to 1.42% in March '24
- 2025 Cut was 3% with no Congressional Action
- 2026 Proposed cut is 2.93% Funding increase in OBBB



"Were there none who were discontented with what they have, the world would never reach anything better."

~Florence Nightingale



What will call you to action?



There is always a path, it just may not be easy or popular



Things Could be Better

Current issues within the profession

- Burnout and Fatigue
- Stagnant Wages
- DecreasingReimbursement
- Limited public understanding
- Ethical concerns
- Underrepresentation
- Uncertain political environment



In a State of Awareness



So what do we do?

- What is our responsibility to recognize problems and actively work towards solutions?
- How do we have these discussions while remaining ethical and maintaining professional integrity?



Moving Beyond Awareness Strengthening OT From Within



Awareness

Step 1

- Aware there are problems
- They bother us
- Know what they are



Acceptance

Step 2

- This is how things are right now
- Give ourselves and others grace
- Acknowledge our emotions and what is or is not within our control
- Accept responsibility vs displacing blame



Action

Step 3

Do something about it

But how?



"No one knows what OT is."

A false acceptance

Why it needs to stop:

- It isn't true
- Displaces blame
- Discourages action
- It's not fair
- It's harmful

Instead, say "How can we show them what OT is?"



Start by Asking Questions

Are there any other agencies out there being affected by episodic (medicare) insurance limiting visits to the point OT can't even go in? I've had several evals that end up only getting seen for 1-2 visits and discharge because medicare things that should only have 4 visits and the agency gives them to PT... even had an office manager tell the OT team "PT can work on that" talking about adls..... I've been very frustrated lately because how can I help people if they won't give me visits to see them?!

I am being asked to cover PTA visits. I did not think it was legal for an OT to cover a PT routine visit & it be billed as PT visit. I'm having trouble finding specifics on this online. I'm in FL & want to double check myself before responding. Thanks!!!

Hi sthere any way you can see this patient for her last PT visits on 6/12? The PTA that is following her will be out of town that day. Please let me know.

Thank you!

Hey there! Curious to see if other facilities are doing this... we were recently told that OT/PT evaluations have to pick up long term patients whether they are clinically appropriate or not for 2 weeks trials. Just wondering if this is a new Medicare rule or if any other facilities have had this brought up. Any info would be great! Thanks!

Action You Can Take

Ask Questions

- Where did you read that?
- Where did the policy come from?
- Can I see the policy in writing?

Learn

- Read your practice act
- Read Medicare guidelines
- Pay attention to AOTA resources and posts on changing policies

Do

- Seek mentorship
- o Get involved and be a member
- Be the person who supports change and others
- Speak up



Taking Meaningful Action

- How is this advancing or serving the profession?
- What impact will this have on others?
- What solutions can I propose to this problem?
- What is within my control vs outside of my control?

With simple actions, we can impart big change



There is no reward without risk.



Adherence

Step 4

- Practice makes perfect
- Have patience with yourself as you learn
- Acknowledge success
- Try, and try again.



Every step you take lays a stone in the path towards success.



Your Call to Action

What is one action you can commit to today?

- Members in AOTA
- Membership in State Association
- Volunteer for a leadership/committee role
- Ask a question in your next staff meeting
- Be or seek a mentor
- Read your practice act
- Attend the summit



Awareness is the first step, but action is the only way forward.



Amplify Therapy Summit 101



What to Expect This Week

General Admission:

- 24 hr access to sessions
 - Released at 12am and closed at 11:59pm EST
- All live and pre-recorded session

Explorer Pass:

- Access to sessions through September 3rd
- All live and pre-recorded sessions
- CEU Certificates
- Summit Community Group
- Ability to use Amplify OT App
- Live streaming of pre-recorded sessions with private chat



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Ultimate Access

Annual Amplifier Membership:

- Year-round access to all 2025 and 2024 Summit Sessions
- Mastering OT Policy and Medicare Course
 - o 5 module comprehensive advocacy and reimbursement course
- All Amplify OT Webinars and Courses
- All community and networking groups
- Use of the Amplify OT App
- CEU Certificates for all eligible sessions
- Free OT Amplifier T-shirt



Day 1 Schedule

10:00 - From Practice to Policy: Practical Professional Advocacy Tips (30 min)

11:15 - Inclusion and Affirmation for LGBTQIA+ (45 min)

12:30 - OT SPARK - Planning a Student Advocacy Event (35 min)

2 - 3 - AOTA Webinar on One Big Beautiful Bill (not affiliate with summit)

3:30 - Proof You Were Right: Telehealth and Community Programs (1 hr)

5:00 - Modernizing Your Practice Act (1 hr)

6:30 - Speaking to the Goals of Decision Makers (1 hr)



Day 2 Schedule

11 - Strategies for OT Engagement with HH Starts of Care (1 hr)

1:00 - Maximizing Benefits of OT Practice Using the Caregiver Codes (40 min)

2:00 - Payer Policy Updates Practitioners Need to Know (1 hr)

3:30 - Innovating with OT in Dementia Care: Start with This Triangle (1 hr)

5:00 - Panel: Addressing the HH Crisis: How to Improve OT's role in Home Health (1-1.5 hrs)



Day 3 Schedule

10:00 - Beyond Boundaries: Advocating for Full-Scope OT Practice in Medication Management

11:30 - Empowering through Digital Accessibility: Why OTPs Need to Care

12:30 - Billing the Sensory Integrative Techniques Code (1 hr)

2:00 - Addressing the Whole Body in Orthopedics (1 hr)

3:30 - Wrap-Up Celebration! (30 min - 1 hr)



Google Calendar

Link to add all sessions to your calendar:

GOOGLE CALENDAR LINK

Events include the most up-to-date times if anything changes and also will have links to the sessions or zoom links





How to Attend LIVE Sessions

- Live events are hosted via Zoom
- Link is available on:
 - Google Calendar Event
 - Amplify Therapy Summit Home
 Page
 - Course outline on Learning
 Platform
- Recording will be uploaded within 24 hours





How to Attend Pre-Recorded Sessions

- Times listed are only for the live chats available to Express Pass, Student, and Annual Amplifiers
- Recordings will be released at 12:00am EST and closed at 11:59pm EST for general admission
- Access on Learning Platform or the Summit Home Page

If you attempt to access it before it is published, there will be a 404 page



Live Chat for Pre-Recorded Sessions

- Hosted via Zoom and Continuous Chat
- Brief intro and live streamed recording
- If available the speaker may attend and participate in the chat
- Zoom link is on the Learning Platform Course page (must be logged in to view)



Logged Out View

Live Stream and Chat: Thursday, July 31 @ 10 am EST

This resource is available for:

- Explorer Pass
- Annual Amplifier
- Student Amplifier (6 months, annual, 2 year)
- Faculty Amplifiers

Protected Content

This material is reserved as a special perk for individuals with an Explorer Pass, Student Memberships, or the Annual Amplifier Membership. Please log in to access this content, or you can upgrade at the links provided.

Thanks!

Logged In View



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Join Via Zoom

Logging In to Your Account

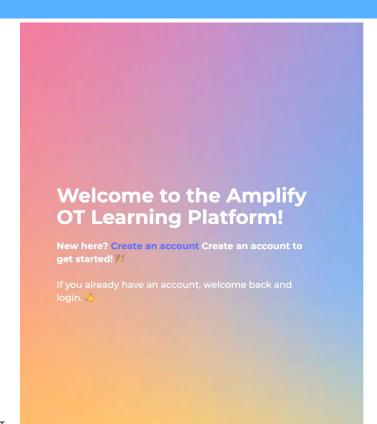
- No need to log in if you are general admission (you won't have an account)
- If you have a membership or Explorer Pass select "Login" and not "create account"

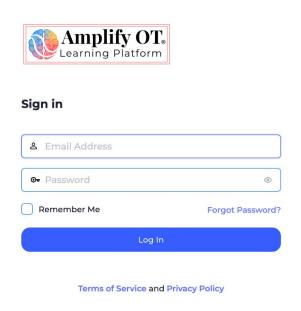




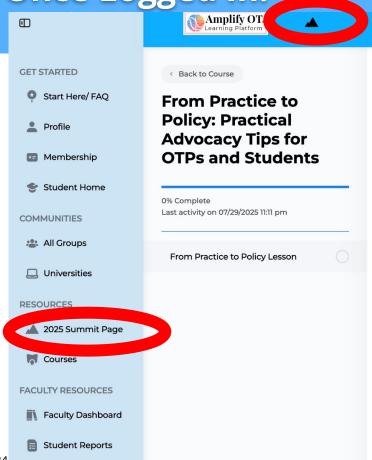
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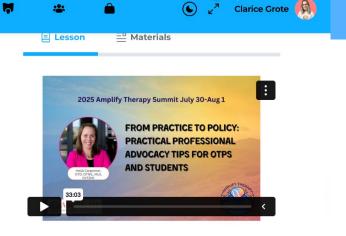
Sign in with Username/ Email and Password





Once Logged In:





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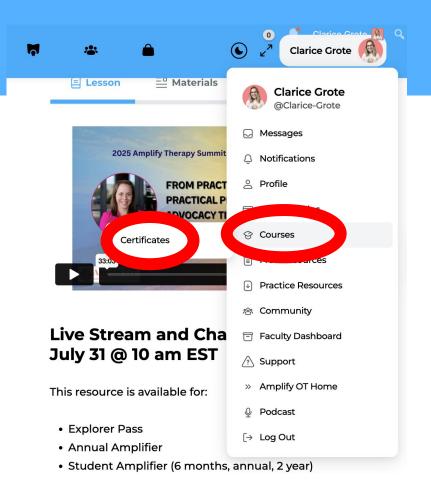
Join Via Zoom



Continuing Education

- Sessions range from .5 to 1 credit hour or PDU
- Sessions are not AOTA approved, but are accepted by majority of states and NBCOT
- Certificates will be available in your account once the event has ended under "certificates" tabs
 - Be sure to download your certificates BEFORE your access ends or you may have difficulty gaining access later
- Must complete the course to earn a certificate
 - Ensure lessons are marked "complete"
- We will send email reminders





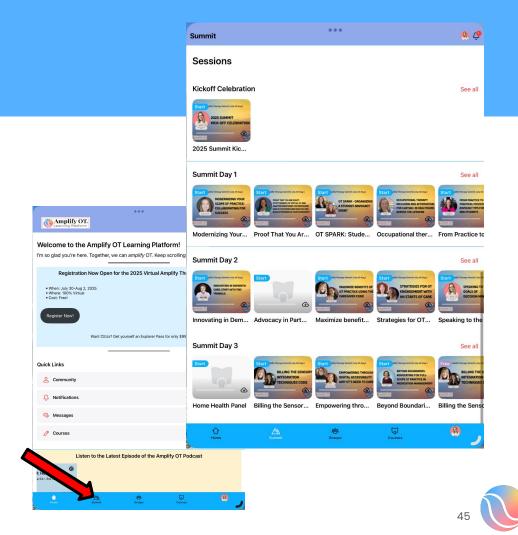




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Amplify OT App

- Must have an account on the Learning Platform to access
- Available on Android and iOS
- Log in with your same information
- Videos on the app can be 'downloaded' for offline viewing



How to get the most out of sessions

- Take notes
- Ask questions! In the chat or live
 - Take advantage of access to these experts!
- Take advantage of the ability to pause the recording
- Slides and worksheets available in Lesson Materials (if provided)
- Watch with a friend
- Upgrade to Explorer Pass or Annual Membership



Questions or Tech Issues?

Send us an email at <u>Cgrote@amplifyot.com</u> or <u>admin@amplifyot.com</u> and we'll get back to you ASAP.

If a link isn't working or there is an issue WE WANT TO KNOW

If you have questions, that is also good for us to know so we can improve the process for next time.



Questions?



Happy Exploring!!!

